

Living the Rest Life
Creflo Dollar
Broadcast Dates: 8/19/26-8/21/26
Message Date: 12/14/25 ● 10:00 A.M.

Scriptures:

- Hebrews 4:9-11
- Hebrews 4:9-11, *AMPC*
- Galatians 5:4
- 1 Corinthians 15:10
- Hebrews 4:3, *Mirror*
- Matthew 11:28-30, *MSG*
- John 15:5

Summary:

Biblical rest isn't inactivity or withdrawal, but a faith posture where we align our minds with what Jesus has already finished. While the language of rest and labor may seem contradictory, we see that God calls us to labor in belief, not in performance. We stop striving to earn righteousness and instead rest in the truth that we are already righteous because of Christ. Grace doesn't make us passive; it produces Spirit-empowered action that flows naturally from relationship, not pressure. When we misunderstand rest, we fall back into law-based thinking that drains joy, peace, and confidence. As we stay connected to the Vine, fruit appears in our lives without us forcing results. This rest-centered life restores us, frees us emotionally, and allows God's presence to work powerfully through us.

Notes:

1. Biblical rest means confidently trusting in God, not laziness, inactivity, or doing nothing.
2. Biblical rest means ceasing from self-effort while remaining fully engaged in Spirit-led action. We rest *in* the finished work of Jesus, not *from* work altogether.
3. Our labor isn't about performing religious acts to gain approval, but about guarding our belief.
4. Genuine faith in God lets us rest from worry and anxiety. Relying on Him gives us peace of mind.
5. Our faith rest signifies we are agreeing with God that His work is finished. We can stop trying to complete what Jesus has already completed.

Category: faith

Keywords: rest, faith, align, finished, belief, joy, peace, confidence