

Casting Your Cares Through Grace-Based Prayer

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Broadcast Dates: 10/12/26-10/14/26

Message Date: 2/15/26 ● 10:00 A.M.

Scriptures:

- Ephesians 1:3
- Galatians 3:26, *NKJV*
- Galatians 3:26, *Mirror*
- Colossians 1:27
- Colossians 1:27, *Mirror*
- 2 Peter 1:2, 3, *NKJV*
- 2 Peter 1:3, *Mirror*
- Hebrews 4:3
- Hebrews 4:3, *Mirror*

Summary:

God has already poured out every spiritual blessing on us, so we pray from abundance rather than lack, from wholeness rather than struggle. We boldly recognize that grace positions us as God's children: fully accepted, fully loved, and fully equipped. That identity reshapes how we approach Him. Because Christ lives in us, that intimate union gives our prayers confidence and power. Our prayer lives are a response to God's unwavering faithfulness; we can therefore let go of performance-based striving and rest in what Jesus has already secured for us. The knowledge that everything pertaining to life and godliness is already ours lets us stop begging God for what He has freely given. We choose real, Spirit-led rest because resting in His finished work is an act of faith and a doorway to transformation. Yielding to the Spirit, praying in alignment with grace, and casting our cares on the one who cares for us enables us to experience a prayer life rooted in trust, not toil.

Notes:

1. Under grace, we can pray with an attitude of thanksgiving for what God has done through Christ.
2. To be blessed is to be empowered to succeed. We've *already* been blessed; therefore, there's no need to do things to *get* blessed.
3. The four things in which grace-based prayer is rooted are our identity, our union with God, our response to His faithfulness, and our rest in Jesus' finished works.
4. We're God's children and have already been delivered. Our prayers should reflect that.
5. We're not distant or separated from God. When we pray, we don't have to beg or scream.

Category: prayer

Keywords: prayer, blessing, pray, abundance, wholeness, prayers, confidence, power