

How to Break Free from Condemnation

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Broadcast Dates: 9/7/25 & 9/14/25

Message Date: 4/7/24 ● 10:00 A.M.

Scriptures:

- Mark 5:36
- Romans 3:23
- Romans 3:23, *TPT*
- Romans 5:18, 20
- James 2:10
- Galatians 3:13
- Romans 8:1
- John 3:17-19
- John 8:24
- John 12:48
- John 16:8, 9
- Philippians 3:13, *NASB*
- 2 Corinthians 5:17, *NLT*
- Matthew 7:2, *TPT*
- Romans 5:8, *ESV*

Summary:

Believers are under constant attack from the enemy. There's a battle going on in our minds about what we do—or don't—believe; the danger of not believing God's Word is that it opens the door for the devil to condemn us. To feel condemned is to feel inferior, as if we're not good enough and don't measure up. Condemnation leads to fear; however, fear tolerated is faith contaminated. Feeling like we're inadequate causes us to focus solely on ourselves instead of on God and leads us to self-effort to try to improve ourselves. We're delivered from this emotion through our belief in Jesus Christ and our dependence on Him. The world has plenty of "solutions" for the negative emotions associated with condemnation, but trusting in and relying on Jesus is the only permanent one.

Notes:

1. Trusting in Jesus and pursuing a relationship with Him rescues us from condemnation.
2. Condemnation involves feelings of inadequacy; it makes us feel as if we aren't enough. This leads to feelings of inferiority; to be inferior is to fall short.
3. People who don't believe enough to get born again are still stuck in condemnation. This also includes the believer who no longer believes.
4. Indicators that we are living in condemnation include thinking a lot about the past, struggling to forgive ourselves, having a judgmental, critical spirit, and feeling unworthy.

Category: faith

Keywords: free, condemnation, battle, believe, believing, condemn, faith, trusting