

How to Sort Out the Drama Life Brings

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Scripture References:

- Luke 10:38-42, *MSG*
- Genesis 45:1-8, *MSG*
- John 3:30, *MSG*
- John 3:30
- Matthew 11:28-30, *MSG*
- Philippians 4:6, *NKJV*
- 1 Thessalonians 4:11, 12, *MSG*
- 1 Corinthians 6:9-11
- Ezekiel 37:1-24, *MSG*

Summary:

Life has a way of throwing adversity at us at the most inopportune times. It's unreasonable to expect our lives to always be smooth and free of trouble and trauma; we therefore must be prepared to handle situations as they arise. Some people seem to create dramatic situations where there are none because of the way they think; however, as free moral agents, we have the choice of whether or not to accept the drama. We avoid turbulence and find peace by allowing the Holy Spirit to lead us, point out our problematic thinking and behavior, and help us correct it.

Notes:

1. Trouble can surface anytime, and we can become exhausted by constant, ongoing drama in our lives and in the lives of others.
2. Some people attract drama to them like a magnet; it finds them because they choose it.
3. We must ask ourselves if we really trust God to help reduce drama in our lives; sometimes it's self-inflicted.
4. There are ways of dealing with drama without getting caught up in it and making it worse.
5. There are times when we should let go of something, and other times when we should confront the other person the way Jesus confronted the woman at the well.

Category: spiritual growth

Keywords: drama, adversity, trouble, trauma, situations, dramatic, turbulence, peace