

How to Have a Good Sense of Humor
Creflo Dollar
Broadcast Dates: 8/2/24 & 8/5/24
Message Date: 6/7/23 ● 7:00 P.M.

Scriptures:

- Proverbs 17:22, TPT
- Ecclesiastes 3:1, 4
- Proverbs 15:13, 15, TPT
- Proverbs 14:13, TPT
- James 1:2-4
- Nehemiah 8:10

Summary:

One of the traits of emotional maturity is an attitude that allows us to laugh at ourselves. As Christians, we don't need to be serious all the time. God wants us to enjoy life; a bit of fun and laughter makes our lives enjoyable while also helping us cope and release pressure. A sense of humor shows that we can handle stress and adversity without losing our composure or letting negative emotions sweep us away. When life gets painful, the ability to find humor in a situation helps us to get through it and bounce back. The joy that comes from the Lord gives us the strength to walk through life victoriously; this is what God wants for us. Being able to lighten up and not get too "deep" keeps things real and helps us to be our genuine selves.

Notes:

1. A sign of emotional maturity is having a good sense of humor. Emotional maturity is the ability to understand and control our emotions, especially in difficult situations.
2. Joy and happiness are choices we make; we show wisdom when we decide to embrace them. Joy comes from what we know, but happiness is based on comfort. Allowing joy to rule (based on God's promises) brings happiness.
3. Humor is also important in relationships, in the workplace, and in the midst of disastrous situations.

Category: spiritual growth

Keywords: humor, emotional, maturity, laugh, fun, laughter, enjoyable, emotions